

# Eléme Day Spa at Crystalbrook Flynn

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Australia

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Eléme Day Spa at Crystalbrook Flynn is designed for the ever-evolving, ever-changing, magnificent you. Inspired by warming and cooling therapies to aid detoxification and promote good health, our menu is designed to flex so our therapists can personalise each treatment to best suit you... your body, your skin, your mood on the day of your visit. So, whether you're in need of super-circulation-stimulation, mammoth detoxification, skin firming, smoothing, tightening, lifting, fixing or the ultimate muscle-melting rubdown, we've got you covered.

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